

**State Level Seminar on
Women's Health
Date 08.03.2022**

Report :

Type of activity and Title:

A state level seminar on “**Women's Health**” was organized to observe International Women's Day on March 2022. This was a collaborative venture of Internal Complaints Committee (ICC) and NSS Units of Haldia Government College in association with IQAC of this college. Convener was Dr. Soumi Dey, ICC and NSS Unit-2 Programme Officer, Haldia Government College.

Objective:

The main theme of the discussion was focus on Women health concerns like menstrual cycles, pregnancy, birth control, and menopause. Many diseases affect women differently and may even require distinct treatment and these were discussed by subject expert and gynecologist.

Time , Date and Venue:

The programme was fixed on **08.03.2022 from 02:00 am to 4:00 pm** in Haldia Government college conference room.

Speakers:

The programme had been conducted by two speakers. First one was Dr. Prajna Paromita Ghosh, MBBS, MS (Gynecology), and second Speaker was Dr. Doyel Dasgupta, Assistant Professor in Anthropology, Bangabasi College, Kolkata.

Number of participants/beneficiaries:

120 students participated in this offline programme.

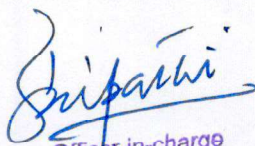
Description about the seminar

Dr. Prajna Paromita Ghosh, MBBS, MS (Gynecology), she had discussed on menstrual hygiene, myths related to menstruation, menstrual disorders and about safer sex practices.

Dr. Doyel Dasgupta, Assistant Professor in Anthropology, she had discussed on menstrual bleeding patterns, premenstrual syndrome, factors those influence menstrual patterns, menstrual cessation & pre-mature menopause, and factors determine age at menopause.

Outcome:

The success of this programme was evident. The offline programme received overwhelmingly positive student response. Additionally, they had the opportunity to express their uncertainties and ask our expert questions. The programme succeeded in achieving its intended purpose. That was demonstrated by the replies given by students during interactive session.


Officer-in-charge
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