



**One Day Sensitization Programme on
Drug Abuse Prevention in College among the College Students
Date 16.11.2022**

Report :

Type of activity and Title:

One Day Sensitization Programme on “**Drug Abuse Prevention in College among the College Students**” was organized by NSS Unit 2 in association with IQAC of Haldia Government College and in collaboration with Calcutta Samaritan, Kolkata. Convener was Dr. Soumi Dey, NSS Unit-2 Programme Officer, Haldia Government College.

Objective:

The main theme of the discussion was focused on College students who are especially vulnerable to the academic and social pressures that can spur substance abuse. In many cases, struggling students could benefit greatly from a compassionate friend and a listening ear.

Time , Date and Venue:

The programme was fixed on **16.11.2022 from 11:30 am to 1:30 pm** in Haldia Government college conference room.

Speakers:

The programme had been conducted by two speakers. First one was Dr. Sushmita Banerjee, Psychologist and second Speaker was Mrs. Suchandrima Bhattacharjee, Project Coordinator, Calcutta Samaritan, Kolkata.

Number of participants/beneficiaries:

106 students participated in this offline programme.

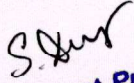
Description about the seminar

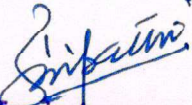
Dr. Sushmita Banerjee had discussed on what can be done to overcome the problem of drug abuse and the steps to overcoming drug abuse and addiction. She has talked about explore addiction and treatment options; find support for addiction recovery. Create awareness about healthy ways to cope with stress and keep drug triggers and cravings in check.

Mrs. Suchandrima Bhattacharjee had discussed on how to build a meaningful drug-free life.

Outcome:

The success of this programme was evident. The offline programme received overwhelmingly positive student response. Additionally, they had the opportunity to express their uncertainties and ask our expert questions. The programme succeeded in achieving its intended purpose. That was demonstrated by the replies given by students during interactive session.


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