

Report

Name of the Activity: International Yoga Day Celebration

Category of the Activity: Awareness Activity


Date, Time & Venue: 21.06.2022, at 08:00 AM.; College campus

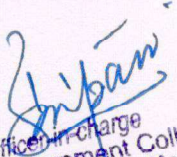
No. of Participants: 36

Brief Description of the Program:

NCC COY of this college celebrated International Yoga Day in association with NSS Unit-I and Unit-II on 21st June 2022, which was held at College Campus as well as in the College Conference Hall. JD NCC cadets from two schools of Haldia namely DAV and Haldia Govt. Sponsored Vivekananda Vidyabhavan also participated. The participants comprised of NCC cadets (36 nos. of Senior Division and another 43 from Junior Division) along with NSS volunteers. CTO Dr. Mohan Chandra Dolai inaugurated the celebration, Third Officer, ANO Ananda Kumar Mahato of Haldia Govt. Sponsored Vivekananda Vidyabhavan was also present. The CTO, in her address to the gathering, emphasized on the importance of yoga to maintain a healthy body and healthy mind. The yoga session was carried out by two senior cadets CDT Safina Parvin and CDT Sourav Das. Later a lecture on the yoga was delivered in the conference hall by an expert Mrs. Sahana Jana. Dr. Soumi Dey, NSS Programme Officer Unit-II introduced the experts and organized the lecture with a grand success.




DR. MOHAN CHANDRA DOLAI
Officer - in - charge
National Cadet Corps
Haldia Government College
Debhog, Purba Medinipur


Officer-in-charge
Haldia Government College
P.O. Debhog, Dist- Purba Medinipur