

Exploring Horizons in Teacher Education

Edited by
Dr. Sairindhree Sen

Organised by

Kamala Devi Sohan Raj Singhvi Jain College of Education

In collaboration with

The West Bengal University of Teachers' Training,
Education Planning and Administration

Editorial Board

Editor

Dr. Sairindhree Sen

Members

Sri Shrutashil Kar
Smt. Ranita Banerjee
Smt. Barnali Mandal

Sri Subrata Mazumder
Smt. Sudeshna Mukherjee Gupta
Smt. Sutapa Bose

© K.S.S. Jain College of Education

Cover Design

Dr. Sairindhree Sen

First Published

January, 2018

ISBN : 978-81-930760-7-1

Published by

Krishnendu Ghosh
Books Heaven Publications
10A, Ghosh Para Lane Kolkata - 700036
Ph : 7980561757/9874031163
email: booksheaven.pub@gmail.com

Composed by

Ad-Wave Communication
Kolkata - 700 036
Ph. 9830572558

Printed at

Cyber Graphics
Baranagar, Kolkata - 700 036
Ph : 9051423072

Price

Rs. 600.00

Contents

1. Teacher Education as a Feasible Tool for National Development <i>Nafisa Khatun</i>	13
2. Impact of Globalization on Higher Education in India <i>Subrata Majumdar</i>	19
3. Adjustment Pattern and Emotional Intelligence of The In-Service IGNOU B.Ed. Trainee Teachers in West Bengal <i>Rakheebrita Biswas & Dr. Debasri Banerjee</i>	24
4. Globalization and Teacher Education:- Implications in the 21st Century <i>Rakesh Manna & Ananta Paul</i>	33
5. Role of National Curriculum Framework in the Paradigm Shift of Teacher Education in India <i>Samaresh Adak & Dr. Chandan Adhikary</i>	44
6. Globalization and Teacher Education <i>Soma Rani Karan</i>	53
7. Education for Teacher Quality Development in ODL System <i>Sipra Samanta</i>	57
8. The Status of Education for Teachers <i>Dr. Neeta Dang</i>	61
9. Role of Teacher Education in the pattern to Attain Education for Sustainable Development <i>Kaustuva Banerjee</i>	65
10. A Competitive Study on Teachers Self-Efficacy between Pre-Service and In-Service Teachers <i>Somnath Roy</i>	70
11. Challenges in Teacher Education- Need of the Hour <i>Bhabesh Pramanik</i>	81
12. A Comparative Study on how ICT is Changing Secondary School Teachers Teaching Strategy and Enhancing Achievement Motivation of Teachers <i>Mrinmoy Roy & Anindita Bachhar</i>	90
13. Preparing Teachers for a Culture <i>Sudeshna Mukherjee Gupta</i>	101
14. Evolution of Secondary Teacher Education Curriculum In India: A Trend Analysis from Global perspective <i>Chaitali Kundu</i>	105

15. Applying Information and Communication Technology In Teacher Education <i>Dr. Satyapriya Behera</i>	112
16. Globalization and Education for Teacher Quality Development <i>Ranita Banerjee</i>	120
17. Intelligence Level of Hearing Impaired Children and Their Education- A Review <i>Dr. Asrulekha Tripathi & Dr. Jayarati Dasgupta</i>	128
18. Transforming Teacher Education Towards Sustainable Development: Role of Peace Education <i>Dr. Sudeshna Lahiri & Rupa Ghosh</i>	137
19. Professional Growth: Contemporary Issues in Teacher Education <i>Marisha Chakrabarti & Pintu Kumar Maji</i>	142
20. Need for Multicultural Teacher Education in India and Hermeneutics in Promoting Multicultural Teacher Education For National Development <i>Shiba Khatoon</i>	148
21. Occupational Stress and Psychological Health of School Teachers in the Post-Globalised Era <i>Susmita Basu & Jayatri Chakraborty</i>	155
22. Impact of Globalisation and Teacher Education <i>Dr. Pratap Kumar Panda & Rajib Mondal</i>	164
23. ODL as a Means to Teacher Quality Development <i>Mudassar Nazar Baidya</i>	169
24. Teacher Quality Development: Role Played By Value Education <i>Barnali Mandal</i>	175
25. Reform the Human Element– Teacher, to Bring About Social Cohesion <i>Waeza Tazien</i>	180
26. Developing Humane Citizens: A Realistic Approach to Peace Education <i>Dr. Minati Saha</i>	189
27. In-Service Training Needs and the Impact of Pre-Service Training Programme for Quality Development of Teachers <i>Dr. Sanghamitra Ghose (Gayen) & Debanjan Seal</i>	197
28. Noteworthy Aspects of Teacher Education <i>Dr. Sonali Chakraborty Misra & Sayantika Das</i>	202

Occupational Stress And Psychological Health Of School Teachers In The Post Globalized Era

Susmita Basu

Assistant Professor in Education
Haldia Govt. College
Email: susmitabasu493@gmail.com
and

Jayatri Chakraborty

Assistant Professor in Education,
Serampore College
Email: jayatrichakraborty@gmail.com

Abstract

Teachers are considered as the builders of a nation. Teachers' job dissatisfaction is the outcome of negative psychological experience which comes as the reaction of job-related stress. Occupational stress results from complicated nature of work and its excessive demands. Long term stressful situation leads to various physical and emotional threats. Globalization has changed the teaching culture and added diverse responsibilities for teachers. In these circumstances a teacher has to understand how to cope with stressful situation in an effective manner. In light of this background the present study has the following objectives: to identify the factors that lead to occupational stress in the higher secondary school teachers, to find out the relationship between occupational stress and health among the higher secondary school teachers and to offer some suggestions regarding curricular modification in the teacher education programme. The sample comprises of 256 higher secondary school teachers working in various schools of Kolkata. Data analysis will be conducted through t- test and coefficient of correlation. Hopefully the present study will provide some suggestions on how to create a well balanced teaching population.

Keywords: Occupational stress, Stress management, Globalization and Quality teaching.

Introduction

Globalization has transformed the whole world into a global village. It is a process wherein geographic distance becomes a factor of diminishing importance in the establishment and maintenance of cross border economic, political and socio-cultural relations (Jadhav, 2012 p.32). The effects of globalization on education, especially in the field of teacher education are significant. It has created various opportunities and challenges in the field of teacher education. Today, teaching profession is not only beneficial in educating (knowledge developer, generator, and facilitator) but has other dimensions as well. These increase occupational complexities of